

Programmanr. 10
9-6-2018

Heren, 400m met vinnen
400m surface

1 - 98 jaar
Resultaten

NR Vinzwemmen HV	4:00.87	Rob FOKKINGA	VZ Utrecht	Utrecht	16-11-2014
NR Vinzwemmen HM	3:58.89	Frank SCHIJF	PONTOS	Utrecht	16-11-2014
NR Vinzwemmen HA	3:16.50	Edwin KANTERS	NAUV	Moskou (RUS)	20-8-1993
NR Vinzwemmen HB	3:29.98	Marco van AGGELE	UZSC	Balatonfuzfo (HUN)	24-8-1997
NR Vinzwemmen HC	3:55.49	Wouter van DIEPEN	PONTOS	Utrecht	20-11-2016
NR Vinzwemmen HD	4:31.56	Wouter van DIEPEN	PONTOS	Eindhoven	21-6-2014
NR Vinzwemmen HE	5:14.63	Tijs BERENS	PONTOS	Eindhoven	6-5-2000

Rang

Geb.

Ins. Tijd

Jongens Categorie D

1. Ewen HAMON	05	Pays d'Aix Natation	4:00.00	3:55.89	FRA
50m: 25.24	150m: 1:25.04	250m: 2:26.63	350m: 3:27.38		
100m: 54.62	200m: 1:56.12	300m: 2:57.76	400m: 3:55.89		

Jongens Categorie C

1. Andy JACOMINO	03	Ciotaden NP	3:30.00	3:31.02	FRA
50m: 23.95	150m: 1:16.67	250m: 2:11.36	350m: 3:06.23		
100m: 50.51	200m: 1:44.17	300m: 2:39.40	400m: 3:31.02		
2. Tobias FABRIZ	03	Tauchclub Heilbronn	4:11.00	3:56.68	GER
50m: 25.27	150m: 1:23.78	250m: 2:25.12	350m: 3:27.22		
100m: 53.77	200m: 1:54.66	300m: 2:56.00	400m: 3:56.68		
3. Lars BAIER	03	Tauchclub Heilbronn	4:26.50	4:30.07	GER
50m: 27.87	150m: 1:32.87	250m: 2:43.56	350m: 3:55.65		
100m: 59.10	200m: 2:07.64	300m: 3:19.50	400m: 4:30.07		

Jongens Categorie B

1. Valentin BENOIT	01	CSG	3:16.00	3:19.63	FRA
50m: 23.52	150m: 1:14.74	250m: 2:06.54	350m: 2:56.30		
100m: 48.84	200m: 1:41.49	300m: 2:31.64	400m: 3:19.63		
2. Sebastian BAUER	02	Tauchclub Heilbronn	3:34.86	3:34.76	GER
50m: 23.05	150m: 1:15.95	250m: 2:11.56	350m: 3:08.63		
100m: 48.71	200m: 1:43.52	300m: 2:40.17	400m: 3:34.76		
3. Sacha CABIOCH	01	Team FFESSM France	3:30.00	3:36.61	FRA
50m: 22.77	150m: 1:14.41	250m: 2:10.42	350m: 3:08.89		
100m: 48.00	200m: 1:41.98	300m: 2:39.75	400m: 3:36.61		
4. Wouter van DIEPEN	01	PONTOS	3:46.18	3:44.91	NED
50m: 24.04	150m: 1:21.12	250m: 2:19.89	350m: 3:18.21		
100m: 52.06	200m: 1:50.69	300m: 2:49.45	400m: 3:44.91		

Heren Categorie A

1. Paul WIESNER	95	TC Preetz	3:18.79	3:17.77	GER
50m: 21.40	150m: 1:09.22	250m: 2:00.83	350m: 2:52.75		
100m: 44.64	200m: 1:34.62	300m: 2:26.94	400m: 3:17.77		
2. Hugo SCHMITT	00	Team FFESSM France	3:24.19	3:20.04	FRA
50m: 21.96	150m: 1:10.46	250m: 2:01.76	350m: 2:54.31		
100m: 45.70	200m: 1:36.11	300m: 2:27.90	400m: 3:20.04		
3. Baptiste PONTUS	98	SASNAP	3:31.00	3:30.90	FRA
50m: 23.81	150m: 1:16.77	250m: 2:11.32	350m: 3:05.81		
100m: 50.20	200m: 1:43.97	300m: 2:38.76	400m: 3:30.90		
4. Thomas TRIBOUD	99	Plongée Club de Douai	3:43.10	3:38.69	FRA
50m: 24.09	150m: 1:17.96	250m: 2:13.77	350m: 3:11.04		
100m: 50.50	200m: 1:45.79	300m: 2:42.50	400m: 3:38.69		

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Rang				Geb.				Ins.	Tijd	
5.	Friso ZANDWIJK			93	VZ Utrecht			3:38.77	3:45.62	NED
	50m:	22.46	150m:	1:15.20	250m:	2:13.59	350m:	3:14.72		
	100m:	48.26	200m:	1:44.06	300m:	2:43.95	400m:	3:45.62		
6.	Kristof HENDRICKX			92	Nautilus			3:51.45	3:54.31	BEL
	50m:	26.14	150m:	1:25.24	250m:	2:26.84	350m:	3:27.15		
	100m:	55.20	200m:	1:55.98	300m:	2:57.23	400m:	3:54.31		
7.	Maes STIJN			92	Nautilus			4:36.32	4:33.21	BEL
	50m:	29.10	150m:	1:36.89	250m:	2:48.43	350m:	3:59.85		
	100m:	1:01.82	200m:	2:12.84	300m:	3:24.67	400m:	4:33.21		
DIS	Enzo JACOMINO			98	Ciotaden NP			3:20.00		FRA
	<i>A4 - Tijdens de serie de baan verlaten waarin men is gestart</i>									

Heren Categorie Masters

1.	Allard WAGENSVELD			74	PONTOS			4:06.86	4:08.54	NED
	50m:	25.85	150m:	1:25.42	250m:	2:32.24	350m:	3:38.44		
	100m:	54.01	200m:	1:58.52	300m:	3:05.51	400m:	4:08.54		
2.	Erik DE JONG			69	VZ Utrecht			4:26.14	4:24.86	NED
	50m:	28.97	150m:	1:33.98	250m:	2:41.77	350m:	3:51.10		
	100m:	1:01.30	200m:	2:07.68	300m:	3:16.56	400m:	4:24.86		

Heren Categorie Veteranen

1.	Dirk Arij de JONG			60	Orka '97			5:06.26	5:37.82	NED
	50m:	34.59	150m:	1:57.82	250m:	3:26.18	350m:	4:56.20		
	100m:	1:15.21	200m:	2:41.39	300m:	4:11.57	400m:	5:37.82		