

Programmanr. 9 Dames, 400m met vinnen 1 - 98 jaar
9-6-2018 400m surface Resultaten

NR Vinzwemmen DM	4:14.91	Nicole VOET	PONTOS	Amsterdam	4-2-2018
NR Vinzwemmen DA	3:44.13	Angela KOEKOEK	UZSC	Eindhoven	12-6-1999
NR Vinzwemmen DB	3:45.75	Nicole de GROOT	PONTOS	St Petersburg (RUS)	23-7-2000
NR Vinzwemmen DC	3:51.49	Rosalina BUIS	PONTOS	Utrecht	21-12-1997
NR Vinzwemmen DD	4:35.91	Ande RAADSCHELDERS	UZSC	Eindhoven	23-6-2012
NR Vinzwemmen DE	5:06.84	Melika KISSAMI	VINUTR	Utrecht	15-11-2015

Rang Geb. Ins. Tijd

Meisjes Categorie E

1. Xafiera van der HULST 07 MonoVinzz 5:44.44 **5:26.26** NED
 50m: 32.54 150m: 1:53.47 250m: 3:20.58 350m: 4:45.31
 100m: 1:11.44 200m: 2:37.57 300m: 4:02.71 400m: 5:26.26

Meisjes Categorie D

1. Kim Leia RETTIG 05 Tauchclub Heilbronn 4:46.31 **4:53.47** GER
 50m: 29.95 150m: 1:41.60 250m: 2:58.28 350m: 4:16.29
 100m: 1:05.40 200m: 2:20.05 300m: 3:37.69 400m: 4:53.47

Meisjes Categorie C

1. Leona RUEDEL 04 Tauchclub Heilbronn 4:19.80 **4:20.53** GER
 50m: 28.93 150m: 1:32.54 250m: 2:40.69 350m: 3:49.87
 100m: 1:00.34 200m: 2:06.06 300m: 3:15.46 400m: 4:20.53

2. Farah SCHILLMÜLLER 03 Tauchclub Heilbronn 4:11.00 **4:32.71** GER
 50m: 29.22 150m: 1:35.44 250m: 2:45.49 350m: 3:55.77
 100m: 1:01.24 200m: 2:11.12 300m: 3:14.58 400m: 4:32.71

3. Melika DOORNKAMP 04 VZ Utrecht 4:46.73 **4:36.17** NED
 50m: 30.77 150m: 1:39.82 250m: 2:51.65 350m: 4:04.04
 100m: 1:05.09 200m: 2:15.56 300m: 3:28.47 400m: 4:36.17

Meisjes Categorie B

1. Annika BERNION 01 Tauchclub Heilbronn 3:58.00 **4:01.93** GER
 50m: 25.66 150m: 1:24.46 250m: 2:27.65 350m: 3:31.57
 100m: 54.59 200m: 1:55.40 300m: 2:59.59 400m: 4:01.93

2. Janneke MANDIGERS 01 PONTOS 4:35.50 **4:24.32** NED
 50m: 27.42 150m: 1:32.10 250m: 2:41.31 350m: 3:51.12
 100m: 58.31 200m: 2:06.97 300m: 3:16.05 400m: 4:24.32

3. Sarah HINSCH 02 TC Preetz 4:34.90 **4:27.64** GER
 50m: 29.09 150m: 1:35.18 250m: 2:45.50 350m: 3:56.98
 100m: 1:01.27 200m: 2:10.34 300m: 3:21.74 400m: 4:27.64

4. Hanna BOUHUIS 01 VZ Utrecht 4:37.77 **4:29.21** NED
 50m: 27.23 150m: 1:34.63 250m: 2:46.31 350m: 3:56.35
 100m: 59.46 200m: 2:11.51 300m: 3:21.67 400m: 4:29.21

5. Anna BRONKHORST 02 PONTOS 4:30.47 **4:39.91** NED
 50m: 29.23 150m: 1:37.18 250m: 2:49.50 350m:
 100m: 1:02.20 200m: 2:12.78 300m: 3:26.96 400m: 4:39.91

Dames Categorie A

1. Charlotte FRUEH RICHARDOT 99 Team FFESSM France 3:35.00 **3:37.61** FRA
 50m: 23.52 150m: 1:16.45 250m: 2:10.10 350m: 3:08.33
 100m: 49.77 200m: 1:43.15 300m: 2:38.92 400m: 3:37.61

2. Janina FABRIZ 00 Tauchclub Heilbronn 3:46.28 **3:41.70** GER
 50m: 23.90 150m: 1:17.30 250m: 2:14.72 350m: 3:13.17
 100m: 49.69 200m: 1:45.90 300m: 2:43.80 400m: 3:41.70

Programmanr. 9, Dames, 400m met vinnen, Dames Categorie A

Rang	Geb.						Ins.	Tijd	
3.	Pauline GERARD-RENISSAC 98 Ciotaden NP						3:39.00	3:47.46	FRA
	50m:	23.63	150m:	1:18.83	250m:	2:20.49	350m:	3:19.49	
	100m:	49.74	200m:	1:48.04	300m:	2:49.95	400m:	3:47.46	
4.	Ande RAADSCHELDERS 99 VZ Utrecht						4:21.28	4:05.18	NED
	50m:	25.14	150m:	1:25.82	250m:	2:30.18	350m:	3:34.45	
	100m:	54.72	200m:	1:57.47	300m:	3:02.43	400m:	4:05.18	
5.	Femke STRUIK 87 PONTOS						4:04.44	4:11.00	NED
	50m:	26.35	150m:	1:26.80	250m:	2:32.46	350m:	3:39.20	
	100m:	55.45	200m:	1:59.76	300m:	3:06.02	400m:	4:11.00	
6.	Joy KAMEL 99 Aquani-Nivelles						4:30.56	4:11.29	BEL
	50m:	28.28	150m:	1:31.90	250m:	2:36.14	350m:	3:40.18	
	100m:	59.91	200m:	2:04.30	300m:	3:08.57	400m:	4:11.29	
7.	Femba NEEHUS 96 VZ Utrecht						4:04.35	4:18.57	NED
	50m:	25.70	150m:	1:28.59	250m:	2:37.36	350m:	3:48.38	
	100m:	55.89	200m:	2:02.67	300m:	3:12.42	400m:	4:18.57	
8.	Bo HENDRIKS 90 PONTOS						NT	4:18.60	NED
	50m:	26.08	150m:	1:28.00	250m:	2:35.71	350m:	3:44.37	
	100m:	55.36	200m:	2:02.31	300m:	3:09.65	400m:	4:18.60	
9.	Yvanka ASHBY 00 OCEANUS						4:21.02	4:31.64	NED
	50m:	28.86	150m:	1:35.06	250m:	2:46.64	350m:	3:58.50	
	100m:	1:01.11	200m:	2:10.42	300m:	3:23.22	400m:	4:31.64	
10.	Jessika BAIER 00 Tauchclub Heilbronn						4:40.00	4:39.39	GER
	50m:	26.22	150m:	1:31.54	250m:	2:44.71	350m:	4:02.58	
	100m:	57.32	200m:	2:07.68	300m:	3:23.34	400m:	4:39.39	
11.	Lisanne TAX 94 PONTOS						4:42.01	5:05.03	NED
	50m:	31.32	150m:	1:44.54	250m:	3:04.67	350m:	4:25.60	
	100m:	1:06.81	200m:	2:24.81	300m:	3:45.87	400m:	5:05.03	
12.	Sophie PEETERS 93 Aquani-Nivelles						5:15.00	5:14.24	BEL
	50m:	34.10	150m:	1:50.91	250m:	3:12.39	350m:	4:35.01	
	100m:	1:11.57	200m:	2:31.47	300m:	3:53.51	400m:	5:14.24	

Dames Categorie Masters

1.	Nicole VOET 83 PONTOS						4:09.27	4:19.37	NED
	50m:	28.90	150m:	1:35.49	250m:	2:41.44	350m:	3:47.26	
	100m:	1:02.12	200m:	2:08.88	300m:	3:14.78	400m:	4:19.37	
2.	Elma CORBIJN 73 MonoVinz						4:51.25	4:48.41	NED
	50m:	30.28	150m:	1:43.31	250m:	2:58.91	350m:	4:13.41	
	100m:	1:05.32	200m:	2:21.32	300m:	3:36.82	400m:	4:48.41	
3.	Veronique HENNART 76 Aquani-Nivelles						4:47.18	4:50.99	BEL
	50m:	31.64	150m:	1:43.65	250m:	2:58.84	350m:	4:15.33	
	100m:	1:06.54	200m:	2:20.96	300m:	3:36.70	400m:	4:50.99	
4.	Martje PILGRAM 70 Orka '97						NT	6:21.05	NED
	50m:	44.60	150m:	2:16.98	250m:	3:57.60	350m:	5:36.23	
	100m:	1:29.70	200m:	3:08.72	300m:	4:48.90	400m:	6:21.05	